



Let's Talk: Become a Community Ambassador

Step 1: Get informed

First of all, **thank you** for taking on this role. Advance care planning (ACP) is so important and people like you play a crucial role in raising awareness. To become a Community Ambassador, please review this document to learn more about ACP so you feel comfortable giving a short presentation to your organization or community. This should take ~1 hour, but you will get out what you put in to it.

There are tons of resources online about advance care planning. We have narrowed down to three sites that we think are most worthwhile to spend time exploring:

1. 15 min: Begin the Conversation <http://www.begintheconversation.org/>
 - a. Watch the video “Begin Today”
 - b. Read “The Documents”
 - c. Read “Conversation is Key”
2. 15 min: Let’s Talk, Fox Valley <https://www.fvacpp.org/faq>
 - a. Read through the FAQs to understand the answers to common questions
3. 30 min: The Conversation Project <https://theconversationproject.org/>
 - a. Complete “Your Conversation Starter Guide”

After going through these resources, we hope you understand the importance of both completing the documents and having discussions with your loved ones. We do not expect you to be an expert in this field, just that you have a basic understanding of the concepts.

Step 2: Spread the word

Now that you have learned more about ACP, we invite you to get familiar with the format of the workshop. Spend some time going through the presentation. It is intended to be short, simple, and straightforward. Each slide has a few notes to highlight talking points for the slides. Contact us if you have any questions and feel free to modify it to best meet your needs. If you need handouts or outreach materials, contact us.

For any questions you get during the workshop that you’re not sure of the answer, feel free to direct participants back to our website or a community ACP class.

Step 3: Let us know how it went

Document your outreach and keep us in the loop on what you did, how it went, and what lessons you learned. Connect with us via our website (www.fvacpp.org) and social media ([Facebook](#), [LinkedIn](#)).

**Fox Valley
Advance Care Planning
Partnership**

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